

Worksheet 3: Identify Connections between Policy and Practice

Section 1 – Strong Policies and Aligned Practices



This document identifies where the district has a strong policy and is fully implementing practices that align with the policy.

- ▶ Describe the items that received a written policy score of 2 **and** an interview practice score of 2. **Start with the Federal Requirements for each section.**

| Item number | Item description |
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| | Section 1. Nutrition Education |
| NE-1 | Goals for Nutrition Education that are designed to promote student wellness are well articulated. |
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| | Section 2: Standards for USDA Child Nutrition Programs and School Meals |
| SM-3 | Steps have been taken to protect the privacy of students who qualify for free or reduced price meals by using electronic meal counting systems and implementing the CEP provision where appropriate |
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| | Section 3: Nutrition Standards for Competitive and Other Foods and Beverages |
| NS-1 | CREC schools participate in the CT Healthy Food certification program which exceeds the nutrition standards of the federal Smart Snacks program. |
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| | Section 4: Physical Education and Physical Activity |
| PEPA-1 & 2 | There is a written physical education curriculum for grades K-12 that is aligned with state and national education standards. |
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| WPM 4, 5 & 7 | Section 5: Wellness Promotion and Marketing |
| | The policy addresses the use of physical activity as punishment. The policy also specifically restricts the marketing of foods and beverages during the day to those items that meet HFC criteria. |
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| | Section 6: Implementation, Evaluation & Communication |
| IEC-5 | The policy states that “CREC will evaluate implementation efforts.....at least every three years.” |
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